



## Isaac Evans Anchor & Wave Socks

**Materials:** Sock yarn/fingering yarn, 100g Main Color; 25g Contrast Color; US size 2 (2.75mm) double pointed needles OR 2 circulars OR a long circular, as per your preference; tapestry needle

**Size:** Women's medium. If larger or smaller sizes are required, the best thing to do is to knit with a size larger or smaller needle OR after the Anchor & Waves cuff is completed, increase or decrease the number of stitches to your favorite "sock" number of stitches. Since the foot is just a plain sock, you can use your favorite heel and toe too.

**Cuff:** With Contrast Color, cast on 128 stitches and divide them evenly on 4 needles (this may be changed for circular needles). *This large number of stitches makes the cuff lie flatter, don't worry.* Join, being careful not to twist.

Next round: K2tog around (64 sts).

Change to Main Color and knit 3 rounds. Work 4 rows of Wave Chart (below) with Main Color and Contrast Color. Do not cut yarn. With Main Color, knit 3 rounds. Work 12 rows of Anchor Chart (below) with Main Color and Contrast Color. Cut Contrast color. With Main Color only, knit 2 rounds, then purl 1 round (makes a turning ridge). Knit 1 round, decreasing 4 sts evenly.

Turn work inside out and continue in k2, p2 ribbing for 2". Work in stockinette stitch (knit every round) until work measures ½" longer than Anchor & Waves cuff, measured from turning ridge

(or to desired length of leg). End 16 sts from end of round. Slip first 16 sts of round onto this needle. Heel flap is worked back and forth on this needle (32 sts in heel flap.)

**Heel Flap:** Repeat the following 2 rows for a total of 32 rows:

Row 1: \*slip 1, knit 1\*, repeat between \*'s to end of row.

Row 2: Slip 1, then purl to end of row.

When you have 32 rows completed, it is time to turn the heel.

**Turn Heel:**

Row 1: Knit 18 stitches, ssk, k1, turn.

Row 2: Slip 1, purl 5, p2tog, p1, turn.

Row 3: Slip 1, knit 6, ssk, k1, turn.

Row 4: Slip 1, purl 7, p2tog, p1, turn.

Row 5: Slip 1, knit 8, ssk, k1, turn.

Row 6: Slip 1, purl 9, p2tog, p1, turn.

Row 7: Slip 1, knit 10, ssk, k1, turn.

Row 8: Slip 1, purl 11, p2tog, p1, turn.

Row 9: Slip 1, knit 12, ssk, k1, turn.

Row 10: Slip 1, purl 13, p2tog, p1, turn.

Row 11: Slip 1, knit 14, ssk, k1, turn.

Row 12: Slip 1, purl 15, p2tog, p1, turn.

Row 13: Slip 1, knit 16, ssk, k1, turn.

Row 14: Purl 17, p2tog, turn.

Row 15: Knit across all 18 sts.

**Heel Gusset:**

With right side facing, pick up 16 sts along left edge of heel flap (needle 1). Knit across next 32 sts (Needles 2 & 3). Pick up 16 sts along the edge of heel flap, and with the same needle knit across 9 of the heel flap sts (Needle 4). There are now 25 sts on needles 1 and 4, and 16 sts on needles 2 and 3 (total of 82 sts). Work Heel Gusset as follows:

Round 1: Knit to last 3 sts on Needle 1, k2tog, k1; knit across all sts on Needles 2 and 3; on Needle 4, k1, ssk, knit to end of round.

Round 2: Knit around.

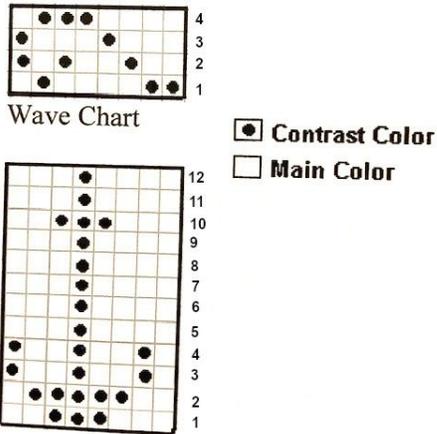
Repeat these two rounds until there are 60 sts left. Work even in stockinette stitch until 1  $\frac{3}{4}$ " from total desired length of foot.

Toe: Work toe decreases as follows:

Round 1: Knit to last 3 sts on Needle 1, k2tog, k1; on Needle 2, k1, ssk, knit to end of needle; on Needle 3, knit to last 3 sts, k2tog, k1; on Needle 4, k1, ssk, knit to end of round.

Round 2: Knit around.

Work Rounds 1 and 2 until there are 24 sts left. Then repeat Round 1 only until there are 16 sts left. Knit across Needle 1. Slip all the sts from Needle 4 onto Needle 1; slip sts from Needle 3 onto needle 2. Stitches are now equally divided onto two needles, each having 8 sts. Use Kitchener Stitch or other method of your choice to weave the toe together. Weave in all ends. Turn down cuff so anchor & wave pattern shows.



Abbreviations:

K=knit

P=purl

k2tog=knit two together

Ssk=slip1, slip1, knit sts together through the back loop